

Bach Chorale One

Moderately Slow

3

p

5 2 1 1 4 1

2 1

2 3

1 2 1 3 3 5 1 3

2 1 2

2 5 3 1

Now rest beneath night's shadow The woodland, field and meadow
The world in slumber lies But thou, my heart, awake thee,
To pray'r and song betake thee, Let praise to thy Creator rise

This chorale "Now Rest Beneath Night's Shadow" is from the 15th century with harmony by J.S. Bach in 1729. The soprano and bass parts have a beautiful sound on either a digital or acoustic piano. Playing these two melodic lines simultaneously develops coordination as well as being meaningful exercise.